#### DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SUBJECT CARD

Name in Polish	: BRYDŻ SPORTOWY
Name in English	: BRIDGE (DUPLICATE)
Level and form of studies	: 1 <sup>st</sup> level, full-time
Profile	: academic, practical
Kind of subject	: optional, university-wide
Subject code	: WFW031022
Group of courses	: NO

	Lecture	Classes	Lab.	Project	Sem.
Number of hours of organized classes in University (ZZU)		30			
Number of hours of total student workload (CNPS)		30			
Form of crediting		Crediting with grade			
For group of courses mark (X) final course					
Number of ECTS points		0			
including number of ECTS points for practical (P) classes		0			
including number of ECTS points for direct teacher-student contact (BK) classes		0			

### PREREQUISITES RELATING TO KNOWLEDGE, SKILLS AND OTHER SOCIAL COMPETENCES

- 1. There are no requirements related to health condition.
- 2. Participation in classes does not require initial knowledge about the rules of the game.
- 3. There is a possibility to divide the students according to their skills into: beginners level, intermediate level.

## **SUBJECT OBJECTIVES**

C1. Acquiring bridge playing skills with the introduction to logics, decision making, strategy and tactics.

**C2.** Gaining the skills that allow getting to know more people through playing brigde games.

## SUBJECT EDUCATIONAL EFFECTS

#### **Relating to knowledge:**

PEK\_W01 : The student is familiar with the tactical assumptions regarding bidding, lead and play as well as valid rules of duplicate bridge

PEK\_W02: The student is familiar with the basics of bidding, lead and play.

### **Relating to skills:**

PEK\_U01 : The student has mastered the presented bidding and lead system as well as single suit play technique. PEK\_U02 : The student is able to prepare and lead through basic bridge plays.

### **Relating to social competences:**

PEK\_K01 : The student is aware of the importance of both physical and mental activities for general health.

PEK\_K02 : The student promotes cultural and social role of sport and physical activity, nurture his/her own

preferences regarding physical culture, works as a part of the team, participates in sport competition in accordance with fair play rules

PROGRAMME CONTENT				
Form of classes - lecture		Number of hours		
Cl. 1-4	Introductory classes: describing key features of bidding, lead and play, acquainting with the classes participation rules, assessing students skills during independent tasks and pair work.	8		
Cl. 5-14	Learning and mastering the basic elements of the game, related to bidding, lead and play (practical approach). Proper game. Rules and principles of organising bridge plays on an elementary level.	20		
Cl. 15	Crediting.	2		
	Total hours	30		

# TEACHING TOOLS USED

N1. Lecture regarding different elements of the game: bidding, lead, play.

- N2. Troubleshoot tests regarding the bidding system, lead and line of play.
- N3. Proper playing, practical application of the previously settled tactics.
- N4. The analysis of the plays dealt, solving problematic issues.

## EVALUATION OF SUBJECT EDUCATIONAL EFFECTS ACHIEVEMENT

<b>Evaluation:</b> F – forming (during semester), C – concluding (at semester end).	Educational effect number	Way of evaluating educational effect achievement			
F1	PEK_W01, W02	Written or oral assignment (tests). Assessing student's actions in the course of classes.			
F2	PEK_U01, U02	Tests checking different elements of the game.			
C: Attendance, active participa	Attendance, active participation in classes as well as arithmetic mean derived from F1 and F2.				

# PRIMARY AND SECONDARY LITERATURE

## PRIMARY LITERATURE:

[1] Jassem K.: Brydż dla Samouków, tom.1 ,tom.2. Wydawnictwo: Magdalena Jassem, 2007.

[2] Izdebski W.: Szkoła brydża od podstawówki do liceum. Wydawnictwo: PZBS, 2007.

## SECONDARY LITERATURE:

[1] Materiały szkoleniowe Polskiego Związku Brydża Sportowego, PZBS 2001-2015.

## SUBJECT SUPERVISOR (NAME AND SURNAME, E-MAIL ADDRESS)

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