## DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SUBJECT CARD

Name in Polish : BRYDŽ SPORTOWY (SEKCJA)

: (DUPLICATE) BRIDGE (VARSITY DIVISION) Name in English

Level and form of studies : 1st and 2nd level, full-time **Profile** : academic, practical Kind of subject : optional, university-wide

Subject code : WFW031024

**Group of courses** : NO

	Lecture	Classes	Lab.	Project	Sem.
Number of hours of organized classes in University (ZZU)		60			
Number of hours of total student workload (CNPS)		60			
Form of crediting		Crediting with grade			
For group of courses mark (X) final course					
Number of ECTS points		0			
including number of ECTS points for practical (P) classes		0			
including number of ECTS points for direct teacher-student contact (BK) classes		0			

## PREREQUISITES RELATING TO KNOWLEDGE, SKILLS AND OTHER SOCIAL COMPETENCES

- 1. There are no requirements related to health condition.
- 2. Participation in classes require advanced knowledge about the rules of the game. Participation in duplicate bridge tournaments.
- 3. Participants' skills are to be verified during first training session by the head coach, in order to select a proper training level.
- 4. It is obligatory, after qualifying to the unit, to enroll for becoming a member of AKS Pwr and represent the University in sport tournaments.

#### SUBJECT OBJECTIVES

- C1. Preparation team members for taking part in academic tournaments and national youth tournaments.
- C2. Enhancing sport career development by the PZBS associates, participating regularly in duplicate bridge tournaments.

## SUBJECT EDUCATIONAL EFFECTS

## Relating to knowledge:

PEK\_W01: The student is familiar with the tactical assumptions regarding bidding, lead and play, principles of belonging to the unit, as well as valid rules of duplicate bridge game.

PEK W02: The student is familiar with the basics of bidding, lead and play.

Relating to skills:

: The student has mastered the bidding and lead system agreed with a partner as well as single suit PEK\_U01 play technique.

PEK\_U02 : The student is able to prepare for tournaments together with a partner during summer break.

# **Relating to social competences:**

PEK K01 : The student is aware of the importance of both physical and mental activities for general health. PEK K02 : The student promotes cultural and social role of sport and physical activity, nurture his/her own

preferences regarding physical culture, works as a part of the team, participates in sport rivarly in

accordance with fair play rules.

PROGRAMME CONTENT					
Form of classes - lecture					
Cl. 1-4	Introductory classes: describing key features concerning bidding, lead and play, acquainting with the unit participation principles, assessing students skills during independent tasks, pair work and proper game. Players selection. Appointing a captain and an unit manager.	8			
Cl. 5-19	Preparing the lead and bidding system in coordination with a partner. Improving the system through bidding training, system agreement tests. Mastering the line of play and lead through solving tasks and issues.	30			
Cl. 20-29	Participation in academic and national-league tournaments.	20			
Cl. 30	Pair tournament. Crediting	2			
	Total hours	60			

#### TEACHING TOOLS USED

- N1. Lecture regarding different elements of the game: bidding, lead, play.
- N2. Troubleshoot tests regarding the bidding system, lead and line of play.
- N3. Practical playing, practical application of the previously arranged tactics.
- N4. The analysis of the plays dealt, solving problem tasks.

EVALUATION OF SUBJECT EDUCATIONAL EFFECTS ACHIEVEMENT					
Evaluation: F – forming (during semester), C – concluding (at semester end).	Educational effect number	Way of evaluating educational effect achievement			
F1	PEK_W01, W02	Written or oral assignment (tests). Assessing student's actions in the course of classes.			
F2	PEK_ U01, U02	Tests checking different elements of the game.			
C: Attendance, active participation in classes as well as arithmetic mean derived from F1 and F2					

## PRIMARY AND SECONDARY LITERATURE

## **PRIMARY LITERATURE:**

- [1] Jassem K.: Brydż dla Samouków, tom.1 ,tom.2. Wydawnictwo: Magdalena Jassem, 2007.
- [2] Izdebski W.: Szkoła brydża od podstawówki do liceum. Wydawnictwo: PZBS, 2007.

## **SECONDARY LITERATURE:**

[1] Materiały szkoleniowe Polskiego Związku Brydża Sportowego, PZBS 2001-2015.

# SUBJECT SUPERVISOR (NAME AND SURNAME, E-MAIL ADDRESS)

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